

## DISCOVER

# Psychology

Psychology is the scientific study of behavior and mental processes. Cottey's psychology courses are designed to serve a number of purposes: to satisfy intellectual curiosity; to offer insights into human behavior, personal and social; and to offer another dimension to the studies of those involved in education and nursing in particular, and all disciplines in general. Psychology majors seek to understand and explain both normal and abnormal behavior, mental ability, perception, development, and differences in individuals.

### Career Opportunities

Psychology majors study psychological principles, facts, and theories, about individuals and groups, using experimental, observational, and case study methods.

A bachelor's degree in psychology provides a firm foundation for entry-level careers in health and human services, consumer advocacy, marketing research, human resources, management and productivity improvement, and community improvement groups.

In addition, the psychology degree constitutes strong preparation for graduate education in such disciplines as psychology, education, rehabilitation, social work, law, medicine, and business.

Master degreed or Ph.D. psychologists are employed with government agencies, hospitals, nursing homes, education settings, research institutes, and marketing firms. An advanced degree is recommended for employment with this major.

A large number of psychologists work in clinical settings, providing general therapy and treatment. However, there are several sub-branches within the psychology field.

### Just to name a few:

**Cognitive psychologists** deal with memory, thinking, and perceptions. Some conduct research in artificial intelligence.

**Developmental psychologists** study the physiological development that takes place throughout life, often specializing in behavior at a specific stage, developmental disabilities or maturity.

**Industrial/organizational psychologists** apply psychology principles to the workplace for improvement in productivity and the quality of work.

### Internship and Directed Study Opportunities

As a psychology major, your chances to gain real world learning experiences through internships and directed studies are almost boundless.

Students at Cottey College participate in internships throughout the year with a variety of businesses, organizations, and non-profit agencies. A successful internship provides students with an opportunity to apply their classroom learning to the workplace.

Employers and graduate schools agree that students who have put

### Get Involved

Want to have fun and develop your leadership skills and your resume at the same time? Then get involved at Cottey College and in the Nevada community.

Cottey College has more than 35 student clubs and organizations in which to be involved. Plus, the Nevada and surrounding community offer an abundance of service opportunities.

Here are a few activities you might consider pursuing as a psychology major: join Psi Beta (honorary society for anthropology, psychology, and sociology); join BACCHUS; be a Cottey Big Sister; join Cottey's Diversity Corps; volunteer in the community; promote Love Your Body Day; join Cottey's chapter of Amnesty International; participate in the Women's Studies events.

classroom concepts and skills to work in a "real world" environment are more realistic and productive than those who have not.

With the assistance of faculty and the transfer and career planning coordinator, psychology majors can find a variety of local and national internship experiences.

Opportunities exist locally to intern with government agencies, a domestic violence shelter, local health-care facilities, summer camps, and more.

Directed study opportunities are available in all disciplines. Under the supervision of faculty, students can pursue academic credit on a topic or project that is related to, but beyond the scope of, regular course offerings.

Directed study topics can be tailored to your interests, whether it is conducting individual scientific research, studying girls' punk music, or conducting advanced computer programming.

---

## SHAPING YOUR OWN DESTINY

---

# PSYCHOLOGY (4-Semester Sample Schedule)

Students should consult the catalog of the college to which they plan to transfer for specific requirements in their major. This suggested schedule is designed to provide the Associate in Arts degree candidate with the appropriate Cottey College core curriculum and enough coursework in their field to complete the 62 hours required for an A.A. degree. *Schedules may vary based on available classes and interests.*

First Year Fall Semester	Credit Hrs.	First Year Spring Semester	Credit Hrs.
ENG101 English Composition I	3	ENG102 English Composition II	3
PSY101 General Psychology	3	Social Science [ECO, HIS, POL]	3
Foreign Language	3 or 4	Foreign Language	3 or 4
Humanities	3	MAT103 College Algebra or higher	3 or 4
Physical Activity	1	Physical Activity	1
Electives	3 to 4	Electives	2 to 3

Second Year Fall Semester	Credit Hrs.	Second Year Spring Semester	Credit Hrs.
Fine Arts Theory	3	Humanities/Fine Arts	3
PSY203 Developmental Psych. :Child,		PSY205 Developmental Psych. :Adolescence, or	
PSY205 Developmental Psych. :Adolescence, or		PSY231 Psychology of Gender*	3
PSY231 Psychology of Gender*	3	Electives	9 to 12
BIO101 Introductory Biology or			
BIO107 Principles of Biology*	4		
Electives	6 to 8		

### \* Courses recommended for major

In choosing electives, students should aim for courses related to the interests they anticipate pursuing. For example:

- Students with interests in neuropsychology are wise to take courses in biology to include human anatomy and physiology.
- Students with interests in industrial psychology are wise to take courses in business, leadership, or sociology.

## Faculty Advising

Preparing a class schedule, investigating majors, and researching transfer institutions can be confusing for a first-year student. At Cottey College, academic advising assists the individual student in clarifying and achieving her educational goals.

Each student is assigned a full-time faculty member as an academic advisor. Together the advisor and student devise a balanced academic program, which encompasses the student's educational

and career ambitions. The advisor reviews all registration decisions, the advisee's academic progress, and suggests transfer and career options.

This personalized approach to student advising allows the student to take responsibility for her own academic program, while tapping into faculty expertise.

For more information contact:  
 Enrollment Management  
 1000 West Austin  
 Nevada, MO 64772  
 1-888-5-COTTEY  
 www.cottey.edu  
 enrollmgt@cottey.edu

# COTTEY