



Disability Services

Complete and return to:

Stephanie McGhee, Coordinator of Disability Services
Cottey College, Kolderie Center
1000 W Austin
Nevada, MO 64772

Student Self-Assessment

Disability/Diagnosis Information

1. Describe your disability/diagnosis and how it affects you.
2. Describe how your disability/diagnosis may affect you in a college setting.
3. Does your disability/diagnosis prevent you from safely exiting buildings in the case of an emergency?
If so, how?
4. What support services or accommodations have you used in the past?
5. What accommodations are you requesting at Cottey College?
6. Describe any medication(s) you are taking and the side effects.
7. What is your plan for managing the medical and/or physical aspects of your disability/diagnosis?

Stress Tolerance

8. What are your triggers for stress or anxiety?
9. What coping mechanisms do you use to reduce your stress or anxiety?
10. Do you experience any difficulty responding to change, unexpected assignments, or interruptions?



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Time Management/Organization Issues

11. Describe any issues you have in organizing your time.

12. Do you have difficulty making appointments, remembering them, or getting to them? If yes, please explain.

13. Do you use a planner or other organizational system?

14. Describe any visual and/or auditory distraction that impacts your attention to detail and accuracy.

Interests/Skills Inventory

15. What are you considering as a major/career?

16. What do you consider your strengths?

17. What do you consider your area(s) for improvement?

Social Issues

18. Describe your interactions with others.

19. Describe your interactions with authority figures (professors, administration).

20. If there is any other information you would like to share, please explain.