


COTTEY COLLEGE RANEY DINING ROOM

Fall Menu Week of October 15-21, 2018

Breakfast: Monday - Friday 7:00 am - 9:00 am Continental Offerings until 9:30 am; **Lunch:** Monday - Saturday 11:15 am - 12:45 pm; **Dinner:** Monday - Saturday 4:30 -6:30 pm; **Sunday Brunch:** 10:30 am -1:00 pm

	Always Available	Daily Choices	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast	Assorted Juices	Fresh Fruit:	*Sliced Peaches *Bananas	*Orange/Kiwi *Grapefruit Segments	Fried-Free Day		*Honeydew	*Pink Grapefruit Sausage, Cheese & Egg Scones P & D	Continental Breakfast 8:00 - 9:30 a.m. *Pineapple/Grapes Honey Muffins	
	Cream Cheese Breads & Bagels (Gluten Free available) English Muffins Asst. Jams & Jellies Asst. Cold & Hot Cereals, Granola (also Gluten Free) Wheat Germ Yogurt Waffle Bar Omelette Bar Steamed Rice	Entrees:	*Ham & Cheese Omelettes P & D French Toast D Sausage Links P *Bacon P *Shredded Hash Browns	Bacon Quiche P & D *Sliced Ham P *Sausage Patties Reg P & V French Toast Sticks *Skillet Potatoes	*Cantaloupe *Scrambled Eggs *Bacon P *Crispy Turkey Bacon Pancakes D *Shredded Hashbrowns Cherry Turnovers	*Cheese Omelettes V & D *Scrambled Eggs Turkey Sausage Gravy D w/ Biscuits Reg & VV *Bacon P *Tater Puffs	*Scrambled Eggs Hawaiian Bread French Toast D *Bacon P Turkey Sausage Patties *Hash Browns	Assorted Donuts *Banana Bread D		Chocolate Croissant Twists Low-Fat Bran Muffins
Lunch	Deli Bar Offerings: Gluten Free Ham Gluten Free Turkey Variety of sliced Cheeses Asst. Accompaniments Protein Salad 6 Bread Varieties GF White Bread GF Wheat Bread Salad Bar Offerings 3 Kinds of Greens 10 Kinds of Vegetables 9 Salad Dressings Daily Salad Specials Rolls & Asst. Breads Seasonal Fruit Basket	Soup:	*Vegetable Soup VV Boston Clam Chowder D	*Baked Potato Soup V & D Tortilla Soup V & VV	Tomato Soup V & D *Chicken w/ Rice Soup	Chicken Noodle Soup Meatless Chili VV	Chicken Enchilada Soup D Tomato Basil w/ Ravioli V	"C" for Yourself Italian Luncheon 11:30 - 1:30 PM		Breakfast Quesadillas V & D Blueberry Pancakes D Almond French Toast D *Bacon P / Turkey Bacon Chicken Apple Sausages Apple Dumplings V *Roasted Potatoes Country Chicken and Noodles Tofu Rancheros VV *Peas & Onions *Bagel Basket (GFA) Strawberry Bread Butter Brickle Crunch Rolls D *Chocolate Dipped Strawberries
	Entrees: Chicken Cordon Bleu Wraps P & D *Grilled Chicken Parmesan D Italian Beef Sanwiches au Jus Sesame Noodle Stir-Fry VV Fish Sticks *Steamed Rice *Potato Smiles Dessert: Rocky Road Fudge Bars	Entrees:	Chicken Cordon Bleu Wraps P & D *Grilled Chicken Parmesan D Italian Beef Sanwiches au Jus Sesame Noodle Stir-Fry VV Fish Sticks *Steamed Rice *Potato Smiles	*Cheeseburgers D (GFA) Veggie Bagel Melts V & D *Chicken Kebobs w/ Apple Jalapeno Glaze Tater Crust Cod Vegan Burgers VV Onion Rings *Steamed Rice	*Chicken Salad Croissants (GFA) Fiesta Lime Chicken Burritos D Jumbo Franks in Blankets Veg-Cheese Quesadillas V & D *Vegan Mac & Cheese VV *Oven Crunch Fries	BLT Sandwiches P *Bean Tostadas V & D, VV Chicken Pesto Baquettes Reg & V Baked Meatloaf & Gravy D Natural Chip Fries	Club Sandwiches P & D *Broiled Ritzy Cod (GFA) Falafels in Pitas VV Beef Taco Salad D *Cheese Quesadillas V & D (GFA) *Steak Fries	*Caesar Salad V & D *Roman Salad VV *Artichoke Spinach Dip V & D w/ Tortilla Chips Garlic Breadsticks *Chicken Kebobs Italian *Shrimp Scampi D Manicotti w/ Marinara V & D Linguini w/ Greens, Garlic & Tomato VV *Spaghetti w/ Meat & Meatless Sauce (GFA) *Zucchini Saute / Mozzarella Sticks w/ Marinara V & D Tiramisu / Cannoli / *Italian Ice	Rocky Road Fudge Bars White Chocolate Craisin Cookies D Reese's Chewy Chocolate Cookies D S'mores Cookies D	
Dinner	Salad Bar: Same as Lunch Deli Bar: Same as Lunch Monday & Wednesday: *Omelette Bar Waffle Bar Seasonal Fruit Basket	Entrees:	Beef Enchiladas D *Baked Tilapia w/ Lemon Butter Chicken Nuggets Reg & VV *Grilled Cheese Sandwiches V & D (GFA) Vegan Stuffed Mushrooms VV	Chicken Panini D Cheese Panini V & D Roast Beef Tips w/ Mushroom Gravy *Rotini w/ Meat Sauce or Marinara VV (GFA) Cook's Choice	*Steak Teriyaki *Grilled Chicken Provencal Cheesy Stuffed Shells V & D Spiced Vegetable Patties VV *Steamed Rice *Roasted Potatoes	*Grilled Lemon Chicken Eggplant Parmesan V & D *Curried Vegetables VV Spaghetti Noodles / *Marinara VV Cook's Choice Garlic Breadsticks *Steamed Rice *Mixed Vegetables *Zucchini Saute *Peaches	Outdoor Picnic Hinkhouse Parking Lot 4:30 - 6:30 pm		French Silk Pie w/ Whipped Topping D Apple Pie 	
	Starch: Garden Blend Rice *Tater Puff Potatoes Vegetables: *Steamed Corn *Sliced Carrots Fruit: *Pears Dessert: Cookies & Cream Pie D Snickerdoodles	Starch:	Garden Blend Rice *Tater Puff Potatoes	*Mashed Potatoes D Steamed Rice	*Steamed Asparagus *Steamed Peas	Spaghetti Noodles / *Marinara VV Cook's Choice Garlic Breadsticks *Steamed Rice *Mixed Vegetables *Zucchini Saute *Peaches	*Cheeseburgers on Brioche D (GFA) Mini Hot Dogs Boca Burgers VV *BBQ Beef Sandwiches (GFA) *Hot wings Popcorn Chicken Vegan Veggie Wraps VV Baked Beans Reg & VV *Garden Salad / *Potato Salad *Fresh Fruit Salad *Vegetable Tray w/ Dip D *Develed Eggs / *Chips (GFA) Sodas / Bottled Water	*Beef Burritos w/ Cheese D (GFA) Crispy Chicken Sandwich Vegan Sausages VV Vegan Soft Tacos VV Grilled Honey BBQ Chicken Pita Pizzas D Cook's Choice *Steamed Rice Seasoned Waffle Fries *Steamed Peas *Cauliflower w/ Cheese Sauce D *Pears Angel Cake w/Berries		

Menu Subject to Change Without Notice

* Indicates Gluten Free Item (GFA) - Gluten Free is available

Entrées marked with a V are vegetarian. Entrées marked with a VV are vegan.

Entrées marked with a P contain pork. Entrées marked with a D contain dairy.

*Brunch offers a combination of Breakfast and Lunch Items.

** Continental Breakfast offers all Cereal, Toast, Muffins, etc. and Beverages.