

COTTEY COLLEGE RANEY DINING ROOM

Winter Menu Week of: January 21 - 27, 2019

Breakfast: Monday - Friday 7:00 am - 9:00 am Continental Offerings until 9:30 am; **Lunch:** Monday - Saturday 11:15 am - 12:45 pm; **Dinner:** Monday - Saturday 4:30 pm - 6:30 pm Sunday Brunch: 10:30 am - 1:00 pm

| | Always Available | Daily Choices | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------|--|--|--|--|--|---|--|---|---|
| Breakfast | Assorted Juices Cream Cheese Breads & Bagels (Gluten Free available) English Muffins Asst. Jams & Jellies Asst. Cold & Hot Cereals Granola (also Gluten Free) Wheat Germ Yogurt Waffle Bar Omelette Bar | Fresh Fruit: Entrees: Coffee Cake/Muffins: | NO CLASSES Continental Breakfast 8:00 - 9:30 a.m. Blueberry Muffins | *Pink Grapefruit *Scrambled Eggs *Fried Eggs Sausage Links Reg. P Sausage Patties VV *Healthy Pancakes (GFA) *Skillet Potatoes Cherry Turnovers Chocolate Chip Strawberry Muffins | *Honeydew *Cheese Omelettes D *Scrambled Eggs Bacon Croissanwich P & D *Bacon P Turkey Sausage Patties *Tater Puffs Cinnamon Pizzas Low-Fat Bran Apple Muffins D | *Sliced Peaches *Pineapple *Scrambled Eggs *IHOP Pancakes D (GFA) Gravy Reg P, V & D w/ Biscuits *Bacon P *Southern Hash Browns Cinnamon Raisin Biscuits | FRIED-FREE DAY *Bananas/Strawberries Ham, Cheese & Egg Biscuits P & D *Scrambled Eggs Cheese Blintz D w/ Syrups *Bacon P / Turkey Bacon *Chunky Hash Browns Vegan Pancakes VV Croissants D *Banana Date Loaf D | Continental Breakfast 8:00 - 9:30 a.m. *Orange & Grapefruit Segments Strawberry Scones | ** Continental Breakfast 8:00-9:00 a.m. * Brunch Buffet 10:30 a.m.-1:00 p.m. *Fresh Fruit Trays *Cheese D & Cracker Trays *Mushroom Stuffed Deviled Eggs V & D *Assorted Cereals (GFA) Vegan Waldorf Salad |
| | Lunch | Deli Bar Offerings: Gluten Free Ham Gluten Free Turkey Variety of sliced Cheeses Asst. Accompaniments Protein Salad 6 Bread Varieties GF White Bread GF Wheat Bread Salad Bar Offerings 3 Kinds of Greens 10 Kinds of Vegetables 9 Salad Dressings Daily Salad Specials Rolls & Asst. Breads | Soup: Entrees: Dessert: | Tomato Soup V & D Bill's 2-Alarm Chili *Chicken Kebobs Italian Cheese Enchiladas V & D Beef Fajitas *Tuscan Roasted Veggies VV *Grilled Cheese Sandwich V & D (GFA) *Steamed Rice Seasoned Potato Wedges Chocolate Malted Cookies D | *Chicken w/ Rice Soup Vegetable Soup VV Mini-Hot Dogs *Grilled Honey Dijon Chicken Garden Sandwich V & D Meatloaf w/ Gravy Sesame Noodle Stir-Fry VV *Mashed Potatoes D *Green Beans Oatmeal Cookies Brownie Cheesecake Bars D | Butternut Squash Soup V & D *Taco Soup *Chicken Curry w/ Steamed Rice Buffalo Chicken Sandwich Black Bean & Rice Wrap VV *Tater Crust Cod (GFA) Tortellini Mac 'N Cheese w/ Broccoli V & D Seasoned Curly Q's *White Chocolate Craisin Cookies D | *Baked Potato Soup V & D Southwest Veggie Chili VV Club Sandwiches P & D *Beef Quesadillas D (GFA) *Cheese Panini V & D (GFA) Spicy Chinese Chicken & Rice Crab Rangoon D Onion Rings Rice Krispie Treats Reg & Chocolate Dipped | Boston Clam Chowder D Tortilla Soup V & VV *Cheeseburgers D (GFA) Angel Hair w/Tomato Basil, Chicken & Broccoli D *Broiled Garlic Crust Cod *French Bread w/ Tomato & Mozzarella V & D (GFA) Boca Burgers VV *Oven Baked Fries Spanish Rice Multi-Layer Bars D | Cream of Broccoli V & D 7 Bean & Tomato Soup VV *Turkey Burgers (GFA) Vegan Burgers VV Stuffed Shells V & D Corn Dogs P Cook's Choice *Steamed Rice *Shoestring Fries *Soft Chocolate Chip Cookies D |
| Dinner | | Salad Bar: Same as Lunch Deli Bar: Same as Lunch Monday & Wednesday: *Omelette Bar Waffle Bar Seasonal Fruit Basket | Entrees: Starch: Vegetables: Fruit: Dessert: | *Grilled Chicken Caesar Sandwich D (GFA) Toasted Cheese Ravioli w/ Marinara V & D *Country Chicken Tenders (GFA) Vegan Chick'n Stroganoff VV *Beef Brisket w/BBQ Sauce *Smiley Potatoes *Steamed Rice *Steamed Green Beans *Vegetable Blend *Applesauce Warm Peach Cobbler w/ Vanilla Ice Cream D M & M Cookies D | Panko Crusted Tilapia w/ Lemon Pasta w/ 4 Cheese & Tomato V & D *Grilled Hamburgers (GFA) *Teriyaki Vegetable Stir-Fry VV Cook's Choice *Roasted Potatoes *Steamed Rice *Zucchini & Yellow Squash *Steamed Peas *Fruit Cocktail Cookies & Cream Pie D *Frozen Yogurt D | Asian Dinner Buffet & "Make Your Own" Stir-Fry Bar Includes an assortment of meats, vegetables, rice & other ingredients for students to cook on portable stoves according to personal preference A variety of appetizers, salads, entrees and desserts, including favorites such as Homemade Sushi Rolls, representing the cuisines of several Asian countries. Gluten Free, Vegetarian, and Vegan Options available. Salad Bar & Deli Bar available. | *Tender Roast Beef Served w/ Gravy Chicken Cordon Bleu P & D *Cheddar Broccoli Casserole V & D *Indian Spiced Potatoes Cauliflower & Peas VV Cook's Choice *Steamed Rice *Baked Potatoes *Baked Acorn Squash w/ Brown Sugar *Steamed Corn *Pears *Chocolate Brownies D | *BBQ Wings *Teriyaki Wings Chicken Fried Steak w/ Cream Gravy D *Polenta Gratin V & D *Bean Burritos V & D, VV (GFA) *Baked Cod w/ Spicy Lemon Butter *Mashed Potatoes D Garden Blend Rice *Steamed Asparagus *Steamed Carrots *Peaches Grasshopper Ice Cream Pie D Chocolate Chunk Cookies D | Popcorn Chicken Reg & VV *Cheese Pizza V & D, VV (GFA) *Kung Pao Tofu VV *Sloppy Joes (GFA) Cook's Choice *Steamed Rice *Steamed New Potatoes *Baby Carrots *Cut Green Beans *Pineapple Ice Cream/Sorbet D Chewy Chocolate Cookies D |



Menu Subject to Change Without Notice

*Indicates Gluten Free Item

(GFA) - Gluten Free is available

Entrées marked with a V are vegetarian. Entrées marked with a P contain pork.

Entrées marked with a VV are vegan. Entrées marked with a D contain dairy.

*Brunch offers a combination of Breakfast and Lunch Items.

** Continental Breakfast offers all Cereal, Toast, Muffins, etc. and Beverages.