

## **Job Title:** Head Athletic Trainer/Strength & Conditioning Coach

Cottey College, an independent liberal arts and sciences college, educates women to be contributing members of a global society through a challenging curriculum and a dynamic campus experience. In our diverse and supportive environment, women develop their potential for personal and professional lives of intellectual engagement and thoughtful action as learners, leaders, and citizens.

Cottey College is a first year member of the National Association of Intercollegiate Athletics (NAIA). The college currently has seven athletic programs (basketball, cross country, golf, indoor track, outdoor track, softball and volleyball) and is focused on growing the athletic department in the future.

**JOB SUMMARY:** Under general supervision of the Athletic Director, the position of Head Athletic Trainer/Strength and Conditioning Coach is a full-time, plus benefits, 10 month position. The successful candidate will develop, coordinate and administer a comprehensive athletic training program as well as an individual, general and team strength and conditioning programs for the athletic department.

### **Primary Responsibilities**

- Develop and implement overall athletic training and strength and conditioning program for the college, including: injury prevention programs, injury evaluations, injury management, injury treatment and rehabilitation and educational programs
- Provide athletic training services for Cottey's athletic department and activity classes, including attendance at scheduled team practices, all home events and away competitions as necessary.
- Coordinate and schedule physical assessments and medical referrals for student-athletes to determine their ability to practice and compete
- Assist in the development and supervision of a program of rehabilitation for injured student-athletes
- Implement and supervise a concussion management plan that includes education, pre-participation assessment, recognition and diagnosis of concussion, post-concussion management, and return to activity
- Assist Athletic Director in the development of the annual budget for the athletic training room
- Evaluate and recommend new techniques and equipment that would benefit of the athletic program and activities classes
- Develop a system of recordkeeping and documentation for injury and treatment logs for all student athletes
- Work to ensure safety in the design and implementation of fitness, nutrition and conditioning programs customized to meet individual student needs
- Collaborate with coaching staff for implementation of conditioning programs based on areas of improvement for their specific athletic program

- Develop, establish and implement individual and team strength training and conditioning programs for all athletes and teams.
- Teach proper training techniques within the fitness center or other designated area for improved athletic performance.
- Assist with the overall supervision of fitness center and other designated facilities, ensuring proper maintenance of equipment and monitoring compliance with safety protocols.

This position will require: evening and weekend hours, effective written and verbal communication skills

### **Qualifications**

- Bachelor's degree in Athletic Training, or closely related field. Master's degree preferred, and 1 – 3 years of related experience is preferred.
- First Aid, CPR, and AED certification.
- Certified by the National Athletic Trainers' Association Board of Certification (NATABOC)
- State of Missouri Athletic Training Licensure
- Certified by a nationally accredited strength and conditioning certification program (prior to August 1, 2019)
- Strong interpersonal, organization, written and verbal communication skills are essential.