suite or individual –
**Wellness Basket**
(maybe in a reusable shopping bag/tote bag)
Vitamins
healthy snacks like nuts, dried fruit, and energy bars
baked goods,
chewing gum, hard candy
stress ball
bath or shower bombs (very popular right now)
nail care kit
facial packs
eye mask
throat lozenges
Tea or Instant Coffee
Adult coloring book and colored pencils/pens
Emergen-C dietary supplement packets
first aid kit (Band-Aids, hydrocortisone, Neosporin, alcohol wipes)
Thank you notes/stamps

suite or individual –
**Cold-weather Basket**
(maybe in a reusable shopping bag/tote bag)
Hats
gloves
scarves
Fleece blankets
Warm socks (2 or 3 pair)
Vitamin C, hand sanitizer, Kleenex, lip balm, moisturizing lotion
Hot chocolate, tea, instant coffee, instant apple cider
anti-bacterial wipes
Games – eg. Uno, Skip Bo, Pictionary, Apples to Apples, Family Feud Trivia

remember: no candles, please!

**Care Package Ideas**

suite –
**Sunday Dinner Suite Feed Kit**
your favorite dinner casserole recipe
disposable baking pan
dry ingredients
Walmart gift card to purchase perishable ingredients

individual –
**Laundry Kit**
laundry detergent
dryer sheets
dry ingredients
roll of quarters
stain stick/spot remover

individual –
**Shower Kit**
full size soap or body wash
shampoo
conditioner
deodorant
moisturizing lotion
nail care kit
facial packs
eye mask
Toothbrush
toothpaste, floss
bath or shower bombs (very popular right now)

suite or individual –
**Hello Aunt Flow Kit**
menstrual pads/products
ibuprofen
heating pad
herbal tea
stain stick or spot remover
panty liners
If you choose to send the following packages to anonymous, individual students, it is suggested that they be sent in the spring and summer for **August distribution** by the Office of Student Life's Diversity Closet and the International Education Coordinator. Please send to the care of the Office of P.E.O. Relations. Your chapter will receive an official thank you note from the College, but the student will not receive the package until their arrival in August.

- **Shower Caddy Welcome Basket**
  - full size soap or body wash
  - shampoo
  - conditioner
  - deodorant
  - moisturizing lotion
  - washcloth/bath puff
  - Toothbrush
  - toothpaste, floss
  - tweezers, nail clippers
  - hand mirror
  - menstrual pads/products
  - razor, shaving cream
  - shower shoes/flip-flops
  - Thank you notes/stamps

- **Laundry Welcome Basket**
  - towels
  - washcloths
  - laundry detergent
  - dryer sheets
  - laundry bag/basket
  - rolls of quarters
  - stain stick/spot remover
  - hangers

- **Sweet Dreams Welcome Basket**
  - twin-sized sheet set
  - pillow
  - blanket
  - pajama set
  - bathrobe (sizes may vary)
  - sock-slippers
  - slippers
  - sleep mask
  - herbal tea

- **Backpack Welcome Bag**
  - spiral notebooks
  - binder
  - pens
  - pencils
  - erasers
  - Whiteout/correction tape
  - ruler
  - scissors
  - scotch tape
  - small stapler
  - dry erase board and dry erase markers
  - Student planner/schedule book
  - sticky tack or plasti-tak or Uhu
  - Thank you notes/stamps

(for August distribution)
individual –
Shower Caddy Welcome Basket
(full size soap or body wash
shampoo
conditioner
deo**